

16. Never practice if you feel irritable or annoyed about anything.
17. Do get into the habit of trying to look upon yourself as an ordinary human being. This means you neither set yourself absurd and impossible standards of work or achievement, nor allow yourself to be satisfied with a standard which you know really could be and ought to be better.
18. Think ten times and play once. (Franz Liszt)
19. Count bars, not beats, if your playing is lacking in movement.
20. Think the rhythm always before starting to play.
21. Practice trills to aim for regularity before speed.
22. Listen for resonance, not noise, in loud passages.
23. Don't work against time. If you have only one hour at your disposal, plan 45 minutes practice and do the most with each minute. If you attempt a plan for the whole hour, you will have an eye on the clock, a nervous tension that may result in muscular tension, and much of your mental energy will be wasted. "Surround every action with a circle of non-hurry."
24. Go to recitals of artists and see how much you can learn. Make notes both of criticism and appreciation, then come home and apply them to your own work.
25. Perform always, even when sight-reading. Always express something and never "just run through."
26. Mark the beat with your other hand.
27. Forget self. If you have formed a habit of concentrating on the music in your practicing, you will concentrate on it when you play in public.
28. To develop concentration while playing by memory: count to yourself. It is impossible to count every beat and think about something else.
29. Think a piece through without any playing, either with or without the music.
30. Count out loud when practicing.
31. Every ^{musical} (pianistic) problem has both its origins and solution in the music itself.